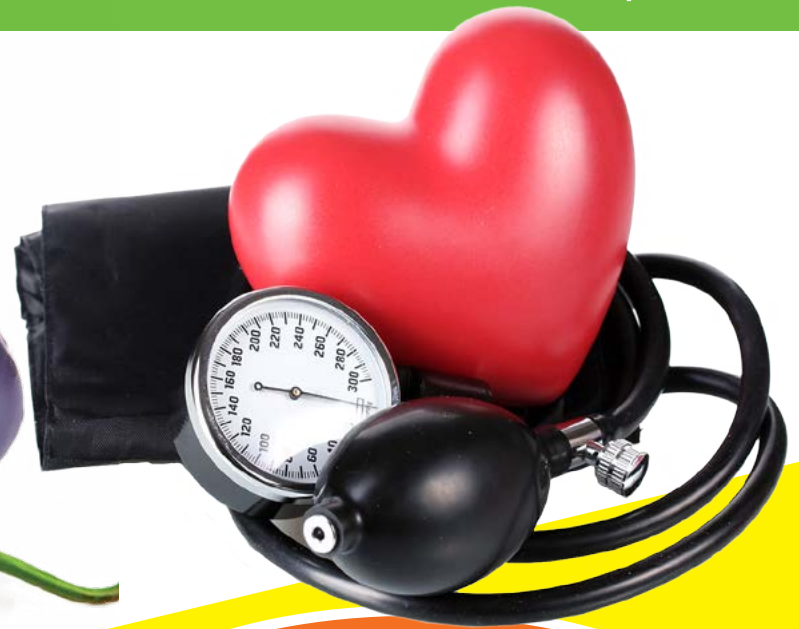


# FREE HEALTH PROMOTION WORKSHOP

**Educating Our Congregation and  
The Community On Basic Health Concerns**

✓ *Diabetes*

✓ *Chronic Health Conditions, etc.*



**Saturday  
October 29, 2016  
2:00 pm ~ 4:00 pm**



**Sharon Congelton from PCA**

Philadelphia Corporation for the Aging

**215-222-7606**

Visit us [www.ssandrewmonica.org](http://www.ssandrewmonica.org)

**The Church of St. Andrew and St. Monica**  
3600 Baring Street, Philadelphia, PA 19104

**The Reverend Samuel Adu-Andoh, PHD, Rector**